



Continuing Education Programs for Health Professionals

Register online at oakton.edu/cehp

Fall 2024

Addiction: A Family Disease

Claire Openshaw, PhD, LCPC

September 13, 2024, 9am-12pm

Live Webinar (Virtual)

Fee: \$99, 3.0 CE Hours; ICDVP approved

You may have heard the saying, "Addiction is a family disease; one person may use, but the whole family suffers". This presentation delves into what substance use is, and how it can impact the entire family dynamic, and future generations. This presentation identifies the family roles of addiction, explores the effects on children and partner of the person struggling with addiction, and examines the interconnection between trauma, loss and addiction.

HMH B97 [CRN 60369]

Using Developmental Psychology in Counseling and Psychotherapy

Michael Maniacci, PsyD

September 27, 2024, 9am-12pm

In Person

Fee: \$99, 3.0 CE Hours; ICDVP approved

This course will explore how five key developmental concepts can be used in facilitating treatment. Topics such self-regulation, emotional intelligence, reciprocity, and self-awareness will be explored and demonstrated to assist in counseling and psychotherapy.

HTH B16 [CRN 60251]

Improving Professional and Personal Well-Being: An Overview of Nontraditional Methods

Valencia Wiggins, PhD, LPC

October 25, 2024, 9am-12pm

In Person

Fee: \$99, 3.0 CE Hours; ICDVP approved

Did you know that counselors, caseworkers, and health care professionals have an ethical responsibility to monitor their level of well-being to prevent burnout? In this interactive seminar will address strategies and techniques to recognize well-being, and build resources for professional and personal self-care.

HTH B05 [CRN 60253]

36-Hour Basic Course for Activity Professionals

Carol Gronwold, BS, CTRS

October 15 - November 14, 2024, Tues/Thurs, 9am-12pm

Live Webinar (Virtual)

Fee: \$450, 36 clock hours

This course covers resident rights; quality-of-life activity care planning; human wellness and self-esteem; etiology and symptomatology of the aged, developmentally disabled, and mentally ill; therapeutic approaches; activity program philosophy, design, resources, standards and regulations; evaluation; practitioner behavior and ethics; resident assessment and supportive documentation; and management/administration.

The 36-Hour Activity Director Course meets the State of Illinois requirements and IDPH standards for an Illinois Activity Director, and also meets the requirements for the Skilled Special Care Unit for Activities. Scholarship available for eligible students.

HTH A04 [CRN 60252]

Perinatal Mood and Anxiety Disorders in BIPOC and Queer Communities: Best Practices for Working with Diverse Perinatal Populations

Ashley Hunt, LCSW, PMH-C

November 8, 2024, 9am-12pm

In Person

Fee: \$99, 3.0 CE Hours; ICDVP approved

This presentation will educate participants about the impact of PMADs on BIPOC and queer communities. Participants will learn to identify risk factors for developing PMADs unique to BIPOC and Queer communities, evidenced based therapeutic interventions, perinatal support resources and best practices that are culturally sensitive and inclusive.

OCP B11 [CRN 60254]

Continuing Education clock/contact hours for each live webinar will be offered for Illinois Social Workers, Professional Counselors, Marriage and Family Therapists, Psychologists, Nursing Home Administrators, Addictions Counselors, ICB Members (pending approval), ICDVP Members (unless noted in program description), Occupational Therapists, Speech and Language Pathologists/Audiologists, Nurses, Dietitians, and Teachers PDs. CE hours for Universal Training hours (UTH) will be offered to other professional groups. If you are attending the webinar outside of the state of Illinois, contact your state licensing board to determine your continuing education requirements and check for reciprocal approval.

Alliance for Lifelong Learning Continuing Education for Health Professionals | For more information: cehp@oakton.edu, or 847.982.9888.

